

PSHE overview 2022 NB: Assumed each term is 6 weeks. 5 weeks PSHE & RSE, 1 week Character skills (covered in class and whole school assembly time), 1 week Philosophy

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Character Trait</b>	<b>Perseverance</b> Waga Waga	<b>Gratitude</b> Tupi	<b>Respect</b> Akha	<b>Kindness</b> Zulu	<b>Teamwork</b> Cherokee	<b>Love of Learning</b> Iceni
Year 3	<b>Aiming High</b> Raising Aspirations Self esteem My feelings	<b>TEAM</b> co-operation and Rights and Responsibilities My body	<b>Diverse Britain</b> British values - tolerance and respect, individual liberty, democracy My relationships	<b>Be Yourself</b> feelings and emotions and relationships Gender Stereotypes	<b>It's my body</b> keeping fit and healthy - including NSPCC PANTS rule and keeping clean, hand washing etc Body parts—my body	<b>Money matters</b> where money comes from Link to Maths lesson Asking for help & surprises, keeping secrets
Year 4	<b>Think positive</b> Growth mind set, resilience, mindfulness My feelings Emotions and empathy	<b>Respecting Rights</b> R & R Respecting school <b>Digital Wellbeing</b> Body parts and appropriate touch My body	<b>One World</b> (human rights, inequality, climate change, charity My relationships	<b>VIPs</b> Making friends and falling out My beliefs - Similar Different identity	<b>Growing up</b> Puberty, relationships, families Marriage Arranged marriage Forced marriage	<b>Safety First</b> (online safety, road safety, dares and medicine Asking for help Peer pressure
Year 5	<b>Aiming High</b> Raising Aspirations and enterprise Puberty	<b>Team</b> collaboration and team working - including rights around the world Puberty - my body	<b>Diverse Britain</b> communities and making a positive contribution + see extremism and Prevent My relationships	<b>Be Yourself</b> self-esteem, assertiveness and emotions My beliefs & gender identity	<b>It's my body</b> making healthy choices, sleeping well, drugs Personal information	<b>Money matters</b> being critical consumers, budgeting Asking for help
Year 6	<b>Think positive</b> Growth mind set, resilience, mindfulness My body Body image Self esteem	<b>Respecting Rights</b> Rights & Respecting school <b>Digital Wellbeing</b> My beliefs My body Body parts	<b>One world</b> climate change, energy use Puberty My body	<b>VIPs</b> kindness, conflict, peer pressure, dares Sexual Intercourse conception	<b>Growing up</b> Puberty, SRE relationships, families and reproduction Raising Aspirations My relationships My beliefs	<b>Safety First</b> online safety, Prevent, what to do in an emergency, drugs and gambling money issues My rights Asking for help
Continual Skills	<b>Internet safety</b>	<b>Road safety</b>	<b>Water safety</b>	<b>Sun safety</b>	<b>Healthy Eating</b>	<b>Taking Risks</b>

