

What is PSHE?

PSHE (Personal, Social, Health and Economic) education is a planned series of lessons that take place weekly in every class focusing on developing the skills and qualities pupils need to thrive as individuals, family members and members of society.

Throughout the year all children will be focusing on three core themes: Health & Wellbeing, Relationships and Living in the Wider World. If you would like more details on the PSHE curriculum at West Rise Junior School please come in and speak to Andy McKechnie, our PSHE leader.

PSHE education beyond the classroom



To help children develop the knowledge, understanding and skills needed to manage their lives, both now and in the future, at West Rise we ensure that PSHE education reaches beyond the classroom. During the course of the day there are a range of additional activities running within the school to help raise self esteem, confidence and aspirations. These include Room 13, Forest School, our School Farm and targeted Nurture groups in our Yurt.

The Rights Respecting Schools Award (RRSA)



RECOGNITION OF COMMITMENT

To support the personal development of children, at West Rise we have recently began working towards recognition as a '**Rights Respecting School**'.

The Rights Respecting Schools Award (RRSA) recognises achievement in putting the United Nations Convention on the Rights of the Child (UNCRC) at the heart of a school's planning, policies, practice and ethos. This award is given to schools on behalf of UNICEF. UNICEF is the world's leading organisation working for children and their rights. These rights are based on what a child needs to survive, grow, participate and fulfil their potential.

In November 2015 West Rise Junior School received the **Recognition of Commitment (ROC) status**, which is the first stage in the process of becoming a "Right Respecting school". During this year, we will be working towards achieving Level 1.

We really hope that you will feel able to support us and your child in working towards our goal of being a 'Rights Respecting School'. We'd love for you to become involved. If you are interested in becoming a Parent Rights Respecting Ambassador, please contact the school office.